

The Season of Lent



St. George's Church • Glenn Dale Parish
The Episcopal Diocese of Washington
March 12, 2023

The Third Sunday of Lent: A Service of Holy Eucharist

A Note to Visitors and Newcomers

Welcome to St. George's! If you are new or visiting, we are especially glad to see you this morning, whether in person or virtually. This service booklet has the prayers and hymns needed for your participation in today's service. Wherever you are in your journey, know that you are welcome here.

Zoom participants are welcome to leave your video camera on; at certain points during the service participants in the sanctuary will see the gallery view of those taking part in the service via Zoom.

Prelude: *Ah, Holy Jesus*

Opening Hymn: Hymnal 1982 #143 *The Glory of These Forty Days*

Words: Latin 6th century; Tr. Maurice F. Bell (1862-1947) Music: *Erhalt uns* from *Geristliche Lieder*, 1543 Reprinted under OneLicense.net #A-701323

The glo - ry of these for - ty days we cel - e - brate with songs of praise;
A - lone and fast - ing Mo - ses saw the lov - ing God who gave the law;
So Dan - iel trained his mys - tic sight, de - liv - ered from the li - ons' might;
Then grant us, Lord, like them to be full oft in fast and prayer with thee;
O Fa - ther, Son, and Spir - it blest, to thee be ev - ery prayer ad - dressed,

for Christ, through whom all things were made, him - self has fast - ed and has prayed.
and to E - li - jah, fast - ing, came the steeds and char - i - ots of flame.
and John, the Bride - groom's friend, be - came the her - ald of Mes - si - ah's name.
our spir - its strength - en with thy grace, and give us joy to see thy face.
who art in three - fold Name a - dored, from age to age, the on - ly Lord.

Celebrant: Blessed be the God of our salvation.

People: **Who bears our burdens and forgives our sins.**

Celebrant: Show our hearts your way, O God, and we shall follow.

People: **Wherever we stray, lead us back to the rock of your love.**

The Celebrant continues:

Jesus said, "The first commandment is this: Hear, O Israel: The Lord our God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no other commandment greater than these."

Confession and Absolution

We come to the table of our Lord recognizing our need for divine grace.
In humility, let us confess our sins to God.

A time of silence is kept. Then, all pray together:

O God you have searched us out and known us, and all that we are is open to you. We confess that we have sinned: we have used our power to dominate and our weakness to manipulate; we have evaded responsibility and failed to confront evil; we have denied dignity to ourselves and to each other. We pray that you would forgive, restore, and strengthen us through our Savior Jesus Christ, that we may abide in your love and serve only your will. Amen.

Celebrant: May the God of love and power forgive you and free you from your sins, heal and strengthen you by the Holy Spirit, and raise you to new life in Christ our Lord. **Amen.**

Gather #285 Change Our Hearts

Words and Music: Rory Cooney, (b. 1952) © 1984 North American Liturgy Resources. Hymns reprinted under OneLicense.net #A-701323



Change our hearts this time, Your word says it can be. Change our minds this time, Your



life could make us free. We are the peo-ple Your call set a-part, Lord, this time change our hearts.

The Collect of the Day

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Let us pray together the Collect of the Day:

Lord of the wellspring, source of life and truth: Jesus asked for water from the hands of a woman in the land of the stranger; may he teach us to name our need, to love our neighbor, and to worship you in spirit and in truth, through Jesus Christ, who shows us who we are. Amen.

Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the LORD?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the LORD, "What shall I do with this people? They are almost ready to stone me."

The LORD said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the LORD, saying, "Is the LORD among us or not?"

The Word of the Lord: **Thanks be to God.**



Psalm 95

O come let us sing to the Lord:

let us shout with joy to the rock of our salvation.

Let us come into God's presence with thanksgiving:

and sing to the Lord with psalms of triumph.

For you Lord are a great God:

and great above all gods.

In your hand are the depths of the earth:

so also are the heights of the mountains.

The sea is yours and you made it:

the dry land also which your hands have fashioned.

O come let us bow down and worship:

let us kneel before the Lord our maker.

For the Lord is our God:

we are the Lord's people, the flock that God shepherds.

O that today you would listen to God's voice:

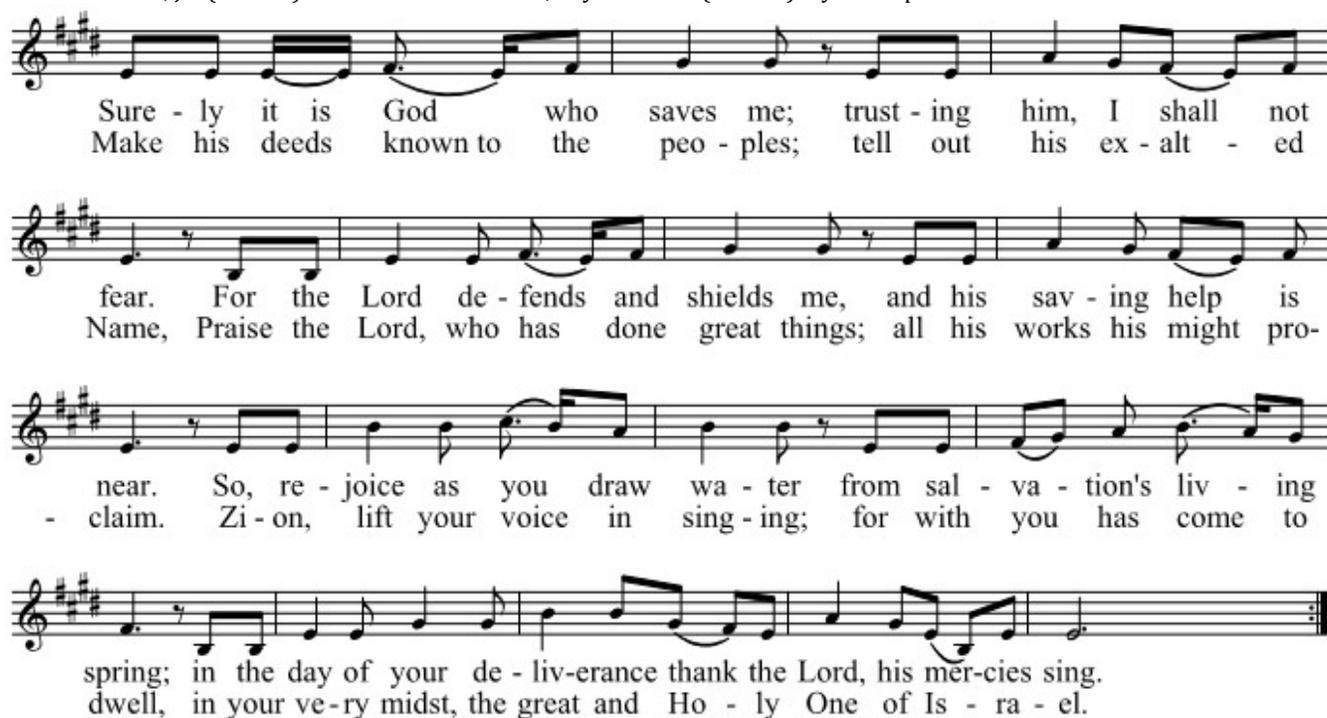
**'Do not harden your hearts as at Meribah,
as on that day at ' Massah ' in the ' wilderness,**

'when your forbears tried me, and put me to the test:

although they had seen my works.

Gospel Hymn: Hymnal 1982 #679 *Surely it is God who saves me*

Words: Carl P. Daw, Jr. (b. 1944). Music: *Thomas Merton*, Ray W. Urwin (b. 1950). Hymns reprinted under OneLicense.net #A-701323



Sure - ly it is God who saves me; trust - ing him, I shall not
Make his deeds known to the peo - ples; tell out his ex - alt - ed
fear. For the Lord de - fends and shields me, and his sav - ing help is
Name, Praise the Lord, who has done great things; all his works his might pro -
near. So, re - jice as you draw wa - ter from sal - va - tion's liv - ing
- claim. Zi - on, lift your voice in sing - ing; for with you has come to
spring; in the day of your de - liv - erance thank the Lord, his mer - cies sing.
dwell, in your ve - ry midst, the great and Ho - ly One of Is - ra - el.

The Holy Gospel of our Lord Jesus Christ according to John. **Glory to you Lord Christ**

John 4:5-29, 39-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water."

The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!"

The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?"

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world."

The Gospel of the Lord. **Praise to you, Lord Christ.**

The Sermon: The Rev. Connie Reinhardt



Affirmation of Faith

This Lent as we affirm our faith – where we would traditionally say or sing the Nicene Creed, the church's historic statement of common faith - you are invited to pause and reflect on the true meaning of what we do when we say the Creed. We are invited to recall that the word creed – credo - is commonly translated “believe”, but in fact it is more accurately rendered “to give one’s heart to.” When it comes to your faith in God, in Jesus, in the Spirit – what do you give your heart to? During this season of Lent may you consider this question as we say together this affirmation of faith.

**As children of God,
we affirm that God, who is Love, created all and called it good,
that God is present with all of creation,
and that in darkness and in light, God is faithful;
therefore we too seek to be faithful.**

**We affirm that Jesus came to show us Love with a human face,
that he taught justice and reconciliation
and suffered on our behalf,
and that through his faithful example, he embodies hope;
therefore we too seek to be people of justice, reconciliation, and hope.**

**We affirm that the Holy Spirit guides us and accompanies us,
that this same Spirit offers wisdom and discernment,
and that when we are open, the Spirit can always find a way;
therefore we seek to be people filled with God’s Spirit,
discerning, loving, and transforming our world. Amen.**

The Prayers of the People

In this holy season of Lent, we ask you, O God, to change our hearts so that through your grace and love we may turn back to you, repenting of our wrongs and renewing our commitment to you. As we walk this Lenten journey, we offer our prayers with humility and faith, saying:
Lord in your mercy, hear our prayer.

As Jesus fasted in the wilderness, enable us to fast from what is unnecessary and open our hearts so that we might be generous in our giving and faithful in service to others. We pray for Michael our presiding bishop, Mariann our bishop, Connie our rector, and for the community of St. George’s, saying: **Lord in your mercy, hear our prayer.**

We pray for those in authority in our country and across the world, that they govern in truth and compassion. May those who lead seek the wisdom of God as Nicodemus did and may they lead with justice and seek peace. We pray, saying: **Lord in your mercy, hear our prayer.**

As Jesus crossed boundaries to speak with the Samaritan woman, we pray for the healing of divisions in our world. Be present O God to those in places of conflict around the world and protect all who are in harm’s way. We pray especially for victims of gun violence, for the people of Ukraine and for all who are caught in the violence of war. Shelter them under your wings, O Lord we pray, saying: **Lord in your mercy, hear our prayer.**

As you lay a table before us, open our hearts to those who are hungry and those who are experiencing homelessness in our communities, especially the children and families of Gaywood Elementary School and those served by the Bowie Food Pantry and the Warm Nights program. We also pray for those served by our Lenten Outreach this year, the youth served by Trevor Project and those who receive meals and support from Miriam's Kitchen. We pray, saying: **Lord in your mercy, hear our prayer.**

As Jesus showed compassion to those in need of healing, we pray for those who are sick or suffering, especially those on our parish prayer list, and those we name before you now. *The people may add their own petitions.* We pray saying: **Lord in your mercy, hear our prayer.**

As Jesus comforted Mary and Martha of Bethany at the death of his friend Lazarus, may we be present to all who grieve the loss of loved ones. And may those who died be lifted up to eternal life. *The people may add prayers.* May they go from strength to strength in your presence, we pray saying: **Lord in your mercy, hear our prayer.**

God our Grace, we pray in gratitude for the many blessings of our lives and give thanks for those celebrating birthdays and anniversaries, saying **Lord in your mercy, hear our prayer.**

We offer our prayers to you O God, in the presence of Jesus, your Son and our Savior. **Amen.**

The Peace

Celebrant: The Peace of the Lord be always with you.

People: **And also with you.**

Blessings for Birthdays & Anniversaries

O God, our times are in your hand: Look with favor, we pray, on your servant(s) and anyone celebrating their birthday or anniversary this week as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. *Amen.*

The Offertory

The Celebrant says the offertory sentence

Do good works and share what you have, for these are the sacrifices pleasing to God.

Although St. George's no longer physically "passes the basket" everyone is invited and encouraged to make a financial offering to express your gratitude to God for the gifts we are given and in support of our mission and ministries. We encourage you to give electronically wherever possible; you can text stgeodragon to 72356. Or just use your web browser to go to www.onrealm.org/StGeorgesChurch/Give. You may also donate via Zelle to donations@stgeorgesglennedale.org or use Cash App to send your donation to [\\$StGeorgesGlennDale](#). Baskets at the doors of the Sanctuary may be used for donations of checks or cash. Many thanks for your financial support of St. George's.

Offertory Hymn: Hymnal 1982 #680 *O God our help in ages past*

Words: Isaac Watts (1674-1748) Music: William Croft (1678-1727) Hymns reprinted under OneLicense.net #A-701323



O God, our help in a - ges past, our hope for years to come,
Un - der the sha - dow of thy throne, thy saints have dwelt se - cure;
Be - fore the hills in or - der stood, or earth re - ceived her frame,
A thou - sand a - ges in thy sight are like an eve - ning gone;
Time, like an ev - er roll - ing stream, bears all our years a - way;



our shel - ter from the storm - y blast, and our e - ter - nal home:
suf - fi - cient is thine arm a - lone, and our de - fense is sure.
from ev - er - last - ing thou art God, to end - less years the same.
short as the watch that ends the night be - fore the ris - ing sun.
they fly, for - got - ten, as a dream dies at the o - pening day.



The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them up to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

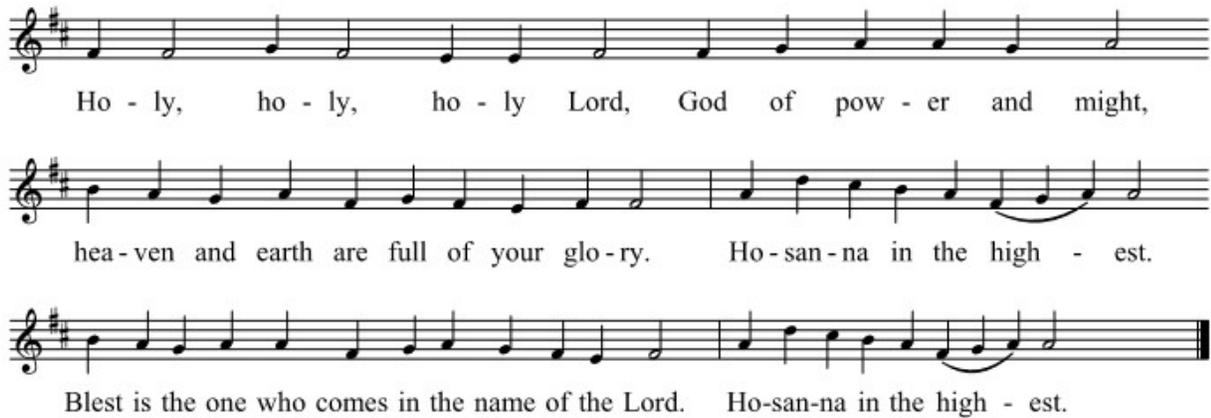
People: **It is right to give God thanks and praise.**

God of all mercy, it is indeed right and good to give you thanks through Jesus Christ your Son. For you bid your faithful people cleanse our hearts, and prepare with joy for the Easter feast; that, fervent in prayer and in works of mercy, and renewed by your Word and Sacraments, we may come to the fullness of grace which you have prepared for those who love you.

And so giving thanks with joyful hearts and minds, we bless you for your mercy and join with broken saints and redeemed sinners everywhere, forever praising you and singing:

Holy, holy, holy Lord *Sanctus*

Setting: David Hurd (b. 1950) Hymnal 1982 #S 124. Reprinted under OneLicense.net #A-701323



Ho - ly, ho - ly, ho - ly Lord, God of pow - er and might,
hea - ven and earth are full of your glo - ry. Ho - san - na in the high - est.
Blest is the one who comes in the name of the Lord. Ho - san - na in the high - est.

The Celebrant continues:

Lifegiving God, your word speaks into the void calling into being things that are not and inviting us to share your work of creation. We thank you for the ages long ago of gathering stars and cooling earth, of life evolving and waking eyes of wonder.

We thank for Jesus, son of Mary, formed of her flesh and nurtured by her faith. Jesus walked the growing earth and proclaimed a fearless kingdom of bird and lily, child and sojourner, the beggar and the blind.

On the cross he joined the labor of all creation's yearning; in his rising, he hallowed all flesh to bear the glory of God; through the Spirit, he gives to birth a living hope.

And so we remember that on the night before he died, Jesus gathered with his faltering friends for a meal that tasted of freedom. At the table Jesus took bread, and when he had given thanks to you, he broke it, gave it to his friends and said: "Take, eat. This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending Jesus took the cup of wine, and when he had given thanks, he gave it to them and said "Drink this, all of you. This is my blood of the new covenant, poured out for you and for all for forgiveness of sins. Whenever you drink it, do this for the remembrance of me.

Therefore we proclaim the mystery of faith:

Christ has died, Christ is risen, Christ will come again.

Now gathered at your table, O God of all creation, we offer to you our gifts of bread and wine, and ourselves, a living sacrifice. We ask that your Holy Spirit fall upon us and upon these gifts, that these fragile and earthly things may be to us the body and blood of our Lord and brother, Jesus Christ.

Make us your new creation, the Body of Christ given for the world you have made.

Through Christ who was emptied to bear your fullness we make our prayer to you O God, the glory who fills all and all, now and forever. Amen.

The Lord's Prayer

Celebrant: And now, as our Savior Christ has taught us, we pray:

**Our Father, who art in heaven,
hallowed be thy Name, thy kingdom come,
thy will be done on earth as it is in heaven.
Give us this day our daily bread.
Forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Celebrant says

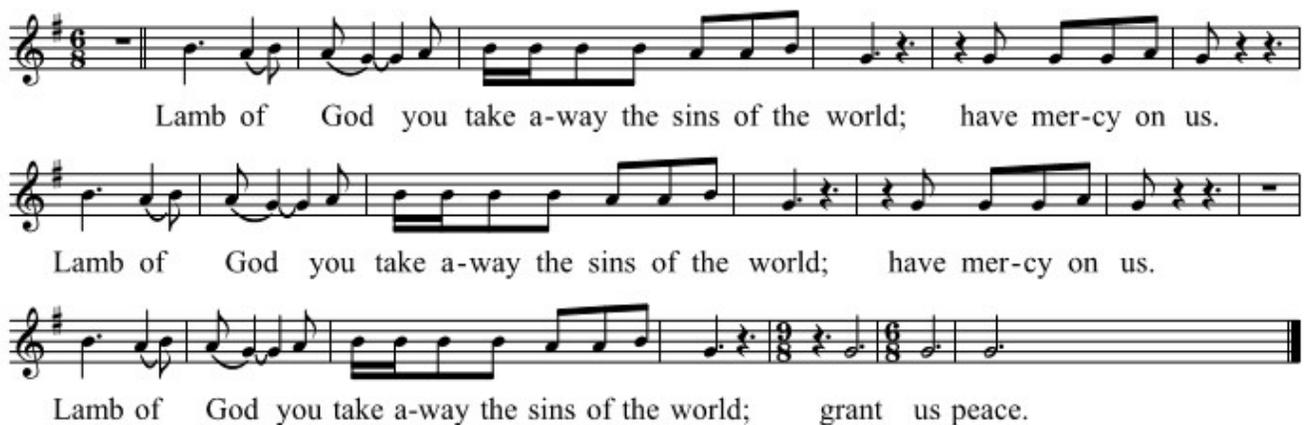
Mindful that not all are present physically to receive the sacrament, we pray with those who receive spiritual Holy Communion this day:

Lord Jesus, in union with your faithful people, we offer to you our praise and thanks. Since we cannot receive you today in the Sacrament of your Body and Blood, we pray that you come spiritually into our hearts. Strengthen us with your grace, O Lord, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen. The Breaking of the Bread

The bread is broken. After a time of silence all sing

Fraction Anthem: Lamb of God *Agnus Dei*

Setting: Carl MaultsBy from *The Saint Mary Mass* © 1989 Malted Milk Music. Reprinted under OneLicense.net #A-701323



Lamb of God you take a-way the sins of the world; have mer-cy on us.

Lamb of God you take a-way the sins of the world; have mer-cy on us.

Lamb of God you take a-way the sins of the world; grant us peace.

Celebrant: The gifts of God for the People of God. Take them in remembrance that Christ lived, died, and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion

Wherever you are on your journey, whatever you believe or don't believe, know that you are welcome at this table. For this is Christ's table, and all are welcome.

Communion Hymn 1: Voices Found #24 *When, like the woman at the well*

Words: Edith Sinclair Downing © 1998 Selah Publishing, Inc. Music: Wayne, CCW Sparks ©1990 Ralmar Sparks Enterprises; Arranged by Robert A.M. Ross © 2002 Ralmar Sparks Enterprises. Hymns reprinted under OneLicense.net #A-701323



When, like the wo - man at the well, I lived with bro - ken dreams,
Christ knew my heart, my way - ward ways, yet gave me hope, not fear.
I learned I could for - ev - er live and wor - ship God a - right,
Each day I lift my cup a - bove and once a - gain re - ceive
Since now I am in grace im - mersed, set free, for - giv - en, whole,



Christ came to me, good news to tell, of ev - er liv - ing streams.
The God I once thought far a - way, I could ap - proach, draw near.
could trust the power the Spir - it gives to guide me in truth's light.
the liv - ing wat - er of God's love, re - vealed for my be - lief.
I share with those who are a - thirst the well - springs of my soul.

Communion 2: Gather #349 *Come to the Water*

Words and Music: John Foley, SJ (b. 1939) © 1978 John Foley, SJ, and New Dawn Music. Hymns reprinted under OneLicense.net #A-701323



O let all who thirst, let them come to the wa - ter. And let all who have
And let all who seek, let them come to the wa - ter. And let all who have
And let all who toil, let them come to the wa - ter. And let all who are
And let all the poor, let them come to the wa - ter. Bring the ones who are



no - thing, let them come to the Lord: With - out mon - ey, with - out price.
no - thing, let them come to the Lord: With - out mon - ey, with - out strife.
wea - ry, let them come to the Lord: All who la - bor, with - out rest.
la - den, bring them all to the Lord: Bring the chil - dren with - out might.



Why should you pay the price, ex - cept for the Lord?
Why should you spend your life, ex - cept for the Lord?
How can your soul find rest, ex - cept for the Lord?
Eas - y the load and light: come to the Lord.

Post-communion Prayer

Let us pray: **Lord Jesus Christ, you taught that what we do for the least of the members of your family, we do for you. As we go forth from this table in thanksgiving, strengthened and renewed by your love, may you give us the will to serve others as you were the servant of all, to your honor and glory, now and forever. Amen.**

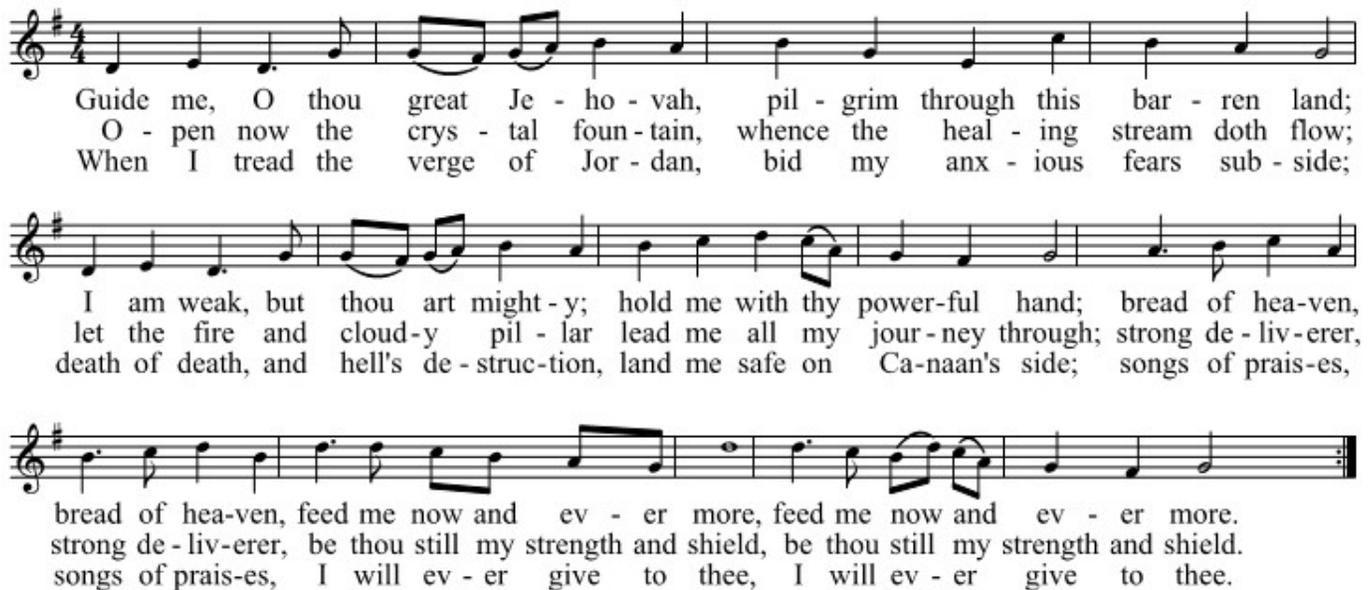
Announcements

The Blessing

May the grace of God grant you peace,
May the love of Jesus Christ bring you wholeness,
May the breath of Holy Spirit inspire and challenge you,
And may the blessing of the great I AM be with you this day and always. **Amen.**

Dismissal Hymn: Hymnal 1982 #690 *Guide Me, O Thou Great Jehovah*

Words: William Williams(1717-1791), tr Peter Williams (1722-1796). Music: *Cum Rhondda*. John Hughes (1873-1796).
Hymns reprinted under OneLicense.net #A-701323



Guide me, O thou great Je - ho - vah, pil - grim through this bar - ren land;
O - pen now the crys - tal foun - tain, whence the heal - ing stream doth flow;
When I tread the verge of Jor - dan, bid my anx - ious fears sub - side;

I am weak, but thou art might - y; hold me with thy power - ful hand; bread of hea - ven,
let the fire and cloud - y pil - lar lead me all my jour - ney through; strong de - liv - erer,
death of death, and hell's de - struc - tion, land me safe on Ca - naan's side; songs of prais - es,

bread of hea - ven, feed me now and ev - er more, feed me now and ev - er more.
strong de - liv - erer, be thou still my strength and shield, be thou still my strength and shield.
songs of prais - es, I will ev - er give to thee, I will ev - er give to thee.

The Dismissal

Celebrant: Let us go forth in the name of Christ.

People: **Thanks be to God!**

Postlude: *Great is thy faithfulness*