



Fifth Sunday after the Epiphany

St. George's Church
Glenn Dale Parish
The Episcopal Diocese of Washington
February 4, 2024

Prelude: *Water Palette* by Hyo-sang Kim

Opening Hymn: LEVAS # 219 *This Is the Day* (sung twice)

Words: Psalm 118:24. Music: Les Garrett © 1967 SCRIPTURE IN SONG administered by MARANATHA MUSIC
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This is the day, this is the day that the Lord hath made, that the Lord hath made,



we will re-joice, we will re-joice and be glad in it, and be glad in it;



This is the day that the Lord hath made, we will re-joice and be glad in it,



This is the day, this is the day that the Lord hath made.

Celebrant: Christ is our everlasting light.

People: **And God is our glory.**

Celebrant: Blessed be the one, holy, and living God.

People: **Glory to God forever and ever. Amen.**

All pray together: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria: My Heart Sings Out #80 *The Light of Christ*

Words and Music: Donald Fishel (b. 1950) © 1974 Word of God Music admin. T.C.C. Reprinted under OneLicense.net #A-701323

The light of Christ has come in - to the world. The
The light of Christ has come in - to the world.
light of Christ has come in - to the world. world.
The light of Christ has come come.

The image shows a musical score for a Gloria. It consists of three systems of music, each with a vocal line and a piano accompaniment line. The first system has lyrics: 'The light of Christ has come in - to the world. The'. The second system has lyrics: 'The light of Christ has come in - to the world.'. The third system has lyrics: 'light of Christ has come in - to the world. world.' and 'The light of Christ has come come.' The music is in 2/4 time and features various rhythmic patterns and dynamics.

The Collect of the Day

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Let us pray together the Collect of the Day:

Lifegiving God, whose wisdom speaks to us in light and breath, in earth and flesh: may we share her delight in all that has life and proclaim your incarnate word, the lover of all creation; through Jesus Christ, in whom all things hold together. Amen.

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader: Hear what the Spirit is saying to God's People.

People: **Thanks be to God.**

Psalm 147: 1-12, 21c

Praise the Lord, for it is good to sing praises to our God:

how pleasant and seemly it is to praise the Most High.

You Lord are rebuilding Jerusalem:

and gathering the scattered exiles of Israel.

You are healing the broken-hearted:

and binding up their wounds.

You count the number of the stars:

and call them all by their names.

Great are you O Lord, and mighty your power:

yes, and your wisdom is infinite.

You raise up the lowly:

and bring down the wicked to the dust.

Sing to the Lord in thanksgiving:

make music on the harp to our God,

who covers the sky with clouds, and prepares rain for the earth:

making the hills green with grass and with plants for human use.

You O Lord give the cattle their food:

and the young ravens when they call to you.

You set no store by the power of a horse:

nor by the strength of a warrior's thighs.

But your delight is in those who revere you:

in those who rely on your mercy.

Praise the Lord O Jerusalem:

O holy city, praise your God. O praise the Lord.

Glory to God, Source of all being, Eternal Word, and Holy Spirit;

as it was in the beginning, is now, and will be forever. Amen.

Gospel Hymn: One Lord One Faith One Baptism #559 *Be Still and Know*

Words: Psalm 10:15, verses 2 and 3 Anonymous. Music: Anonymous, arranged by James Abbington (b.1960) © 2017 G.I.A. Publications
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"Be still and know that I am God. Be still and know that
"I am the Lord that heal-eth thee. I am the Lord that
In Thee, O Lord, I put my trust. In Thee, O Lord, I



I am God. Be still and know that I am God."
heal-eth thee. I am the Lord that heal-eth thee."
put my trust. In Thee, O Lord, I put my trust.

Celebrant: The Holy Gospel of our Lord Jesus Christ according to Mark.

People: **Glory to you, Lord Christ.**

Mark 1:29-39

Jesus left the synagogue at Capernaum, and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Celebrant: The Gospel of the Lord.

People: **Praise to you Lord Christ.**

The Sermon: The Rev. Connie Reinhardt

The Creed: *We believe in God the Father*

Words: Paraphrase of the Apostles Creed, Timothy Dudley-Smith (b. 1926). © 1993. Ancient and Modern Hymns, Hope Publishing Company.

Music: *Stuttgart* from *Psalmody Sacra, oder Andachtige und Schone Gesange* 1715; adapted by William Henry Havergal (1793-1870)

Hymnal 1982 #127. Hymns reprinted under OneLicense.net #A-701323



1. We be-lieve in God the Fa-ther, God al - might - y, by whose plan
We be-lieve in Christ the Sa-vior, Son of God in hu - man frame,
2. Christ, who on the cross for - sa - ken, like a lamb to slaugh - ter led,
We be-lieve in Je - sus ri - sen, hea - ven's king to rule and reign
3. We be-lieve in God the Spi - rit; in one Church, be - low, a - bove:
So by faith, our sins for - gi - ven, Christ our Sa - vior, Lord and friend,



1. earth and hea - ven sprang to be - ing, all cre - at - ed things be - gan.
vir - gin born, the child of Ma - ry up - on whom the Spi - rit came.
2. suf - fered un - der Pon - tius Pi - late, he de - scend - ed to the dead.
to the Fa - ther's side a - scend - ed till as judge he comes a - gain.
3. saints of God in one com - mun - ion, one in ho - li - ness and love.
we shall rise with him in glo - ry to the life that knows no end.

The Prayers of the People

As we celebrate the coming of the One who brings the reign of God to all people, let us pray for the world God loves, the Church God calls, and all people according to their needs, saying, **Hear us, God of light.**

Loving God, the sun and moon, stars and galaxies shine with your love for all you have made. That our life together may be a celebration of your good creation, we pray, saying, **Hear us, God of light.**

Loving God, we are grateful that you continue to pour out the gift of your Spirit on your church. For Michael our presiding bishop, Mariann our bishop, Connie our rector, and the people of St. George's, that we may truly embody the presence of your Son Jesus, we pray, saying, **Hear us, God of light.**

Loving God, though we divide ourselves by country and language, religion and ethnicity, we know that your light shines on all people. That those who lead may act in ways that reconcile rather than divide, we pray, saying, **Hear us, God of light.**

Loving God, your love and care shines into our lives, calling us to act as your hands and heart in the places we live. That we may work on behalf of your justice and live more fully into your call to respect the dignity of every human being, we pray, saying, **Hear us, God of light.**

Loving God, you bring healing where there is illness, hope where there is despair, life where there is death. May we be your willing hands and feet, carrying the gifts of your love to those in need. We pray for those who are poor and those who are hungry; we pray for those in need and those who have no safe place to lay their heads. We pray for those on our parish prayer list, and for those whom we name before you now. *The people may add their own petitions.* We pray, saying, **Hear us, God of light.**

Loving God, you make for each of us a dwelling place eternal, so that where you are, there we will be also. For all those who have died, that they may go from strength to strength in your presence, we pray, saying, **Hear us, God of light.**

Loving God, because of your grace we have much to celebrate. We thank you for those remembering birthdays and anniversaries, and for all of the gifts and blessings we experience. For all that we have and all that we are, we give thanks to you, saying, **Hear us, God of light.**

O God who shines in the darkness, receive these prayers and all of the prayers of our hearts, in the name of the one who brings your light, Jesus Christ our Lord. **Amen.**



The Confession and Absolution

Celebrant: Now let us confess our sins to God.

Silence is kept.

All pray together:

God of steadfastness and mercy, we confess that we love the works of darkness more than your light. We have sought to satisfy our deepest longings through material things of creation rather than through you, our Creator. We are quick to judge others, yet we fail to see our own failings. We ignore the cries of the poor, and grow weary of working for justice. Forgive and restore us, O God; let your Holy Spirit move in us and inspire us to walk in the light of Christ, this day and always. Amen.

Celebrant: Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, confirm and strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

Celebrant: The peace of the Lord be always with you.

People: **And also with you.**

Blessings for Birthdays & Anniversaries

O God, our times are in your hand: Look with favor, we pray, on your servant(s) and anyone celebrating their birthday or anniversary this week as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives; through Jesus Christ our Lord. **Amen.**

The Offertory

Walk in love as Christ loved us and gave himself for us, an offering holy and acceptable to God.

Although St. George's no longer physically "passes the basket" everyone is invited and encouraged to make a financial offering to express your gratitude to God for the gifts we are given and in support of our mission and ministries. We encourage you to give electronically: you can text stgeodragon to 72356 (Messages and data rates may apply. Message frequency varies. Text HELP to 72356 for help. Text STOP to 72356 to cancel.), use your web browser to go to www.onrealm.org/StGeorgesChurch/Give, or donate via Zelle to donations@stgeorgesglennedale.org.

Offertory Hymn: Gather #401 *We Cannot Measure How You Heal*

Words: John L. Bell (b. 1949) Music: *Ye Banks and Braes* Traditional Scottish tune Arr. John L. Bell © 1989 Ionia Community, G.I.A. Publications
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We can - not mea - sure how you heal Or an - swer ev - 'ry suf - frer's prayer,
The pain that will not go a - way, the guilt that clings from things long past,
So some have come who need your help and some have come to make a - mends,



Yet we be - lieve your grace re - sponds Where faith and doubt u - nite to care.
the fear of what the fu - ture holds, are pres - ent as if meant to last.
as hands which shaped and saved the world are pres - ent in the touch of friends.



Your hands, though blood - ied on the cross, Sur - vive to hold and heal and warn,
But pres - ent too is love which tends the hurt we nev - er hoped to find,
Lord, let your Spir - it meet us here to mend the bod - y, mind, and soul.



To car - ry all through death to life And cra - dle chil - dren yet un - born.
the pri - vate a - gon - ies in - side, the mem - o - ries that haunt the mind.
To dis - en - tan - gle peace from pain, and make your bro - ken peo - ple whole.

The Great Thanksgiving

Celebrant: The Lord be with you.

People: **And also with you.**

Celebrant: Lift up your hearts.

People: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, almighty God, Creator of heaven and earth, because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who forever sing this hymn in voices of unending praise:

Sanctus: Gather #144 *Holy, holy, holy*

Music: *Mass of Creation*, Marty Haugen (b. 1950) © 1964 G.I.A. Publications, Inc. Hymns reprinted under OneLicense.net #A-701323



Ho-ly, ho-ly, ho-ly Lord, God of pow-er, God of might, heav-en and earth are full of your



glo-ry. Ho-san-na in the high-est. Blessed is the one who comes in the name of the Lord.



Ho-san-na in the high-est. Ho-san-na in the high - est.

Blessed are you, O God, who sets the table of creation and invites us to feast with you in a cosmic celebration of love. We thank you for Jesus, whose life, prayer and ministry opens our eyes to the glory of life and fuels our hunger for your reign of justice, mercy and peace.

We thank you for Christ's passionate solidarity with the suffering of all the earth; for as he bore in his own body the wounds of creation, he embraced us in our brokenness and gathered us into his wholeness so that we might know ourselves beloved and serve with him as priests forever in an all-embracing eucharist.

Blessed is our brother Jesus, bone of our bone and flesh of our flesh; who, on the night when he was betrayed, took bread, gave thanks, broke it, gave it to the disciples saying, "Take, eat; this is my body, given for you. Do this to remember me."

After supper had ended, Jesus took the cup, gave thanks and gave it to them saying, "This cup is the new covenant in my blood, poured out for you and for all. Do this, whenever you drink it, to remember me."

So, as we eat this bread and drink this cup, we proclaim the mystery of our faith:

**Christ has died;
Christ is risen;
Christ will come again.**

Therefore, here in this place, we celebrate the life that death could not hold, the life that Jesus has shared among his community through the centuries and shares with us now.

Made one with him, and thus one with each other we lay before you these gifts of bread and wine, in token of our sacrifice of praise and thanksgiving.

Come, Holy Spirit, Come.

Come and brood over these bodily things, this bread and this wine. May they be for us the body and blood of Christ; healing, renewing and making us whole.

Come, Holy Spirit, Come.

Come and embrace us with your life-giving power that as bread and wine are made one with us, we may become one with you; bone of your bone, flesh of your flesh.

Come, Holy Spirit, Come.

Come and make of your gathered people the real presence of Christ for the world, living our prayer and praying our life till earth and heaven are reconciled, and all people know themselves held in your embrace of love.

Glory be to you, O God, Mother of all Creation, Father, Son and Holy Spirit; as in the beginning, so now, and forever. Amen!

The Lord's Prayer

Celebrant: The Living Christ is in our midst, and so with Christ we pray:

Our Father in heaven, hallowed be your name, your kingdom come, your will be done on earth as it is in heaven. Give us today our daily bread. Forgive us our sins, as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and forever. Amen.

The Breaking of the Bread

The bread is broken. After a time of silence, all sing together

Fraction Hymn: Hymnal 1982 #S 155 *Christ our Passover*

Setting: Gerald R. Near (b. 1942) Hymns reprinted under OneLicense.net #A-701323

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Christ our Pass-o-ver is sac-ri - ficed for us; there-fore let us keep the feast

Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.

Celebrant: Mindful that not all are present physically to receive the sacrament, we pray with those who receive spiritual Holy Communion this day:

Lord Jesus, in union with your faithful people, we offer to you our praise and thanks. Since we cannot receive you today in the Sacrament of your Body and Blood, we pray that you come spiritually into our hearts. Strengthen us with your grace, O Lord, and let us never be separated from you. May we live in you, and you in us, in this life and in the life to come. Amen.

Celebrant: The gifts of God for the People of God. Take them in remembrance that Christ lived, died, and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

The Communion

Wherever you are on your journey, whatever you believe or don't believe, know that you are welcome at this table. For this is Christ's table, and all are welcome.



If you would prefer not to receive the Eucharist, you are welcome to come up for a blessing – cross your hands to your shoulders to indicate this to the priest.

Communion Hymn 1: LEVAS #62 *In Christ There is No East or West*

McKee, Negro Spirituals. Adapt. Harry T. Burleigh © 1989 American Tract Society. Hymns reprinted under OneLicense.net #A-701323



In Christ there is no East or West, In Him no South or North;
In Him shall true hearts ev - 'ry where their high com - mu - nion find;
Join hands dis - ci - ples of the faith, what e'er your race may be!
In Christ now meet both East and West, In Him meet South and North;



But one great fel - ow - ship of love Through - out the whole wide earth.
His ser - vice is the gold - en cord close bind - ing hu - man kind.
Who serves my Fa - ther as a child is sure - ly kin to me.
All Christ - ly souls are one in Him through - out the whole wide earth.

Communion Hymn 2: Wonder, Love and Praise #779 *The church of Christ in every age*

Words: Fred Pratt Green (b. 1903) © 1971 Hope Publishing Company. Music:

Dunedin Vernon Griffiths (1894-1985) from *The New Catholic Hymnal* © Faber Music Ltd. Reprinted under OneLicense.net #A-701323



The church of Christ in ev - ery age, be - set by change but spi - rit led,
A - cross the world, a - cross the street, the vic - tims of in - jus - tice cry
Then let the ser - vant church a - rise. A car - ing church that longs to be
For Christ a - lone, whose blood was shed, can cure the fe - ver in our blood.
We have no mis - sion but to serve in full o - be - dience to our Lord:



must claim and test its her - i - tage and keep on ri - sing from the dead.
for shel - ter and for bread to eat and nev - er live un - til they die.
a part - ner in Christ's sac - ri - fice, and clothed in Christ's hu - man - i - ty.
And teach us how to share our bread and feed the starv - ing mul - ti - tude.
to care for all with - out re - serve. And spread Christ's lib - er - a - ting word.

Prayer of Thanksgiving

Celebrant: Let us pray: **Generous and nourishing God, in word and bread and wine we have celebrated the mysteries of your love: As we go forth into the world, we ask you to assist us with your grace, that we may live as signs of your wonders in the world, loving one another and sharing your light wherever we go, through Jesus Christ our Savior. Amen.**

Announcements



The Blessing

Let us go forth in light to honor our God and share what we know of the risen Christ.

And now may God strengthen you and bless you with peace. **Amen.**

May Christ Jesus bring justice for you and among you. **Amen.**

And may the Holy Spirit alight on you and affirm you as God's beloved, this day and always.
Amen.

Dismissal Hymn: Hymnal #411 *O bless the Lord, my soul, verses 1-2, 4-6*

Words: James Montgomery (1771-1854). Music: *St. Thomas*; melody: Aaron Williams (1731-1776; harmony: Lowell Mason (1792-1872)
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O bless the Lord, my soul! God's grace to thee pro-claim!
O bless the Lord, my soul! God's mer-cies bear in mind!
God par-dons all thy sins, pro-long thy fee-ble breath;
God clothes thee with pure love, up-holds thee with the truth;
Then bless God's ho-ly Name, whose grace hath made thee whole.



And all that is with in me join to bless God's ho-ly Name!
For-get not all God's ben-e-fits! The Lord to thee is kind.
and heal-eth thine in-fir-mi-ties and ran-soms thee from death.
and like the ea-gle God re-news the vi-gor of thy youth.
whose lov-ing-kind-ness crowns thy days: O bless the Lord, my soul!

The Dismissal

Celebrant: Let us go forth in the Light of Christ.

People: Thanks be to God.

Postlude: *Minuet in E-minor* by Wolfgang Amadeus Mozart